

CW HEARTS & HAMMERS VOLUNTEER SIGN-UP

CW Hearts & Hammers is a non-profit organization dedicated to helping folks stay in their homes when they are not able to make necessary repairs themselves. Our 4th annual all-volunteer workday is Saturday, *May 5, 2012*.

WE NEED VOLUNTEERS WITH A WIDE RANGE OF SKILLS, INCLUDING:

painters plumbers electricians carpenters cooks & kitchen helpers

yard workers/gardeners willing laborers pick-up trucks & drivers wood splitters

All are welcome from 12–112! Unfortunately, we can't allow anyone under 12 to volunteer. **Release forms will be provided for 12-17 year olds.** *Please arrange your own childcare for younger children.*

12 – 15 year olds with a medical release may work **with their parents only**.

16 – 17 year olds need the medical release **and** written parental permission.

♥ *Saturday, May 5, 2012 8am-6pm Rain or Shine!* ♥

8am- Everyone meet at the Living Hope Foursquare Church, 105 NW Broadway Street, Coupeville, for coffee, tea and morning munchies. You will meet your House Captain and team members, sign WAIVER FORMS and go over SAFETY guidelines.

9am- 4:30(ish)pm: At the worksite! Bring a SACK LUNCH and SAFETY equipment, such as safety goggles, gloves, hard hats and protective shoes.

6pm: Volunteer and homeowner families gather again at the Church for a **DELICIOUS** dinner prepared by volunteers. Enjoy the House Captains' "wrap-up" remarks and live music.

QUESTIONS? **CALL 360 240-2964** or email: cwheartsandhammers@gmail.com

Please keep this top half and return the bottom by April 15, 2012 to:

CW Hearts & Hammers, 107 S Main Street, Suite C-102, Coupeville, WA 98239

<p>Name: _____</p> <p>Mailing address: _____</p> <p>City: _____ Zip: _____</p> <p>Phone: _____</p> <p>Email: _____</p>	<p>I am <input type="checkbox"/> Adult <input type="checkbox"/> 16-17 y/o <input type="checkbox"/> 12-15 y/o</p> <p>Release forms will be required for all participants under the age of 18.</p> <p>Are there any restrictions on what you can do (ladder work, bending, heavy lifting)? _____</p> <p>_____</p>																												
<p>I'm available for (check all that apply):</p> <p><input type="checkbox"/> Home repair crew on workday</p> <p><input type="checkbox"/> Work site prep work (weekend before)</p> <p><input type="checkbox"/> Kitchen on workday <input type="checkbox"/> b'fast <input type="checkbox"/> dinner</p> <p><input type="checkbox"/> Occasional year-round volunteer (HEART)</p> <p>Do you have a truck available for the workday</p> <p><input type="checkbox"/> Pick-up (<input type="checkbox"/> compact <input type="checkbox"/> full) (<input type="checkbox"/> open <input type="checkbox"/> cov'd)</p> <p><input type="checkbox"/> Big rig: dump? <input type="checkbox"/> yes <input type="checkbox"/> no</p> <p>Other equipment _____</p> <p>_____</p>	<p>Please check your skill level for any specific skill you have:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Carpentry</td> <td style="width: 33%;"><input type="checkbox"/> basic</td> <td style="width: 33%;"><input type="checkbox"/> handy</td> <td style="width: 33%;"><input type="checkbox"/> pro</td> </tr> <tr> <td>Plumbing</td> <td><input type="checkbox"/> basic</td> <td><input type="checkbox"/> handy</td> <td><input type="checkbox"/> pro</td> </tr> <tr> <td>Electrical</td> <td><input type="checkbox"/> basic</td> <td><input type="checkbox"/> handy</td> <td><input type="checkbox"/> pro</td> </tr> <tr> <td>Roofing</td> <td><input type="checkbox"/> basic</td> <td><input type="checkbox"/> handy</td> <td><input type="checkbox"/> pro</td> </tr> <tr> <td>Flooring</td> <td><input type="checkbox"/> basic</td> <td><input type="checkbox"/> handy</td> <td><input type="checkbox"/> pro</td> </tr> <tr> <td>Painting</td> <td><input type="checkbox"/> basic</td> <td><input type="checkbox"/> handy</td> <td><input type="checkbox"/> pro</td> </tr> <tr> <td>Gardening</td> <td><input type="checkbox"/> basic</td> <td><input type="checkbox"/> green thumb</td> <td><input type="checkbox"/> pro</td> </tr> </table> <p>Other _____</p>	Carpentry	<input type="checkbox"/> basic	<input type="checkbox"/> handy	<input type="checkbox"/> pro	Plumbing	<input type="checkbox"/> basic	<input type="checkbox"/> handy	<input type="checkbox"/> pro	Electrical	<input type="checkbox"/> basic	<input type="checkbox"/> handy	<input type="checkbox"/> pro	Roofing	<input type="checkbox"/> basic	<input type="checkbox"/> handy	<input type="checkbox"/> pro	Flooring	<input type="checkbox"/> basic	<input type="checkbox"/> handy	<input type="checkbox"/> pro	Painting	<input type="checkbox"/> basic	<input type="checkbox"/> handy	<input type="checkbox"/> pro	Gardening	<input type="checkbox"/> basic	<input type="checkbox"/> green thumb	<input type="checkbox"/> pro
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WHETHER YOU VOLUNTEER, DONATE, OR BOTH, YOU'RE MAKING AN IMPORTANT CONTRIBUTION TO YOUR CENTRAL WHIDBEY NEIGHBORS.

From the bottoms of our CW HEARTS & HAMMERS, we THANK YOU!